



# 梁文燕紀念中學 (沙田)

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葉校長近照

### 葉校長專訪

#### 學而時習之：發掘興趣、好學不倦

葉校長指出，學習是很個人化的事情，例如溫習要求及習慣。最重要是知道在甚麼情況下學習，能最快速和集中。溫習和學習是兩回事。溫習要有內容及範圍，並要注意是否有效果。葉校長建議溫習時可交替溫習不同科目，這樣會更有效率。此外，要瞭解自己的溫習模式。例如：葉校長有寫筆記習慣，認為摘錄筆記有助加強記憶，提升學習效能。亦要時常溫習，把所學習的知識轉變為長期記憶。學習最大的動力是興趣，因此必須找出自己的興趣，還須有學習規劃。在學時，不要只限於校內學習範圍；長大後，根據個人需要學習，例如工作上需要。找到了興趣，也要由淺入深，循序漸進學習，不要奢望一步登天，這樣成功感會大一些。例如葉校長近年努力學習太極及航拍機拍攝等。

#### 兒時往事：探索大自然、愛仰望穹蒼

葉校長自幼喜歡大自然及觀星。小時候住在荃灣，喜歡到附近郊外四處探索，遇見不認識的動植物，會到圖書館找生物圖鑒辨認該品種。這個興趣也是導致葉校長修讀生物學的原因之一。

#### 成長過程中遇到的人和事：名師輩出、海納百川

葉校長認為自己很幸運，因為他在學時遇到的老師，以及他畢業後投身教育界時所遇到的同事，均十分包容。原來葉校長在學時是一名「問題少年」，喜歡每事問，常向老師發問，有時弄得他的老師啞口無言。幸而他的老師均很包容，特別是他的一位生物科老師，經常鼓勵同學發問，這種教學模式十分富啟發性，後來這位老師當了校長。不只這位老師，原來葉校長就讀中學時期的老師中，有七位當上了校長呢！



葉校長(前排左五)與家長教師會委員合照



葉校長(前排左五)在畢業禮上與各位友校嘉賓合照。

#### 生涯規劃：未雨綢繆、溝通能力不可少

葉校長表示，在現今資訊科技發達的年代，我們必須具備良好的溝通能力。為甚麼？因為機械雖可代替人類做某些事情，但目前仍未能取代人類的溝通能力。葉校長又表示，我們雖不能預知未來，未能未卜先知，但社會發展是有跡可尋的。我們宜細心觀察，瞭解過去，觀察現在，從中發現社會未來發展的方向，追上潮流，及早準備。至於如何能有這些發現？我們便要從小認真觀察、學習、思考、討論、歸納、總結、推算，並時常回顧、檢討，作出修訂，及早準備未來發展所需具備的才能。例如作為學生，上課時便不應因害怕答錯問題而放棄作答，因為我們可從錯誤中學習，如此方可不斷進步。

#### 事業回顧與感受：培養學生好奇心

葉校長在教育界工作已三十七年了。葉校長表示，他初為人師的時候，有同事認為他教書不好，因為他經常允許學生發問，課堂上發問的聲音此起彼落，非常熱鬧。但葉校長認為要培養學生求知欲，就要鼓勵發問，這樣才能促進學生主動學習。課堂上和學生互動過程中，令學生享受尋找知識的樂趣，比只留心聽課，學習效果更佳。

#### 校長寄語：天道酬勤、不斷求進

葉校長認為本校學生整體來說都很有禮貌，就是少了求學的進取心！葉校長鼓勵同學要多培養好奇心，要有想學、想問的心。葉校長表示，「好奇心是學習蠟燭上的燭芯」(curiosity is the wick in the candle of learning)，要一直燃燒，保持求知欲，尋找自己的興趣。此外，「天道酬勤」也是葉校長的座右銘。意思是人要勤奮學習和生活，雖然會有辛苦的時刻，但最終都會得到回報，但也不能只想著回報，須盡其在我，這是人生的投資。這些心聲，也正好與葉校長平時勉勵我們要時刻「展現你最佳的一面」(Show Your Best) 互相呼應了！



葉校長(前排右三)出席中六級畢業禮。

(訪問：黎樂妍 3C、陳芷晴 3C)



# 停課不停學 注意個人衛生

## 電子教學及視訊會議

在下學期，因新冠肺炎肆虐，教育局宣布全港學校停課。在停課期間，本校為學生安排了不同形式的電子教學及網上學習，達至「停課不停學」之效。學生須根據指定時間，通過ZOOM多人視訊會議平台或老師指定的其他網上平台學習，並完成及繳交功課。除了為學生安排網上學習外，本校教職員也善用資訊科技展開工作會議。在葉校長的領導下，本校已先後通過ZOOM多人視訊會議平台，舉行了全體教職員會議及其他科組會議，為停課期間教學工作商討對策，及早應對，提高效率。

## 溫馨提示

因新冠肺炎疫情嚴峻，本校時常提醒學生在停課期間留在家中溫習及休息，避免到人流眾多的地方，也不宜外遊。個人衛生方面也要多注意，要勤洗手，減少受感染的風險。如有不適，應盡快求醫。



# 學校維持紀律的主力團隊——領袖生

## 領袖生工作概要及架構

### 一. 成立目標：

1. 提高學生對學校的歸屬感；
2. 培養學生的領袖才能、發揮團隊精神；
3. 協助學生透過工作實踐，建立自信、培養積極的人生觀及發展人際技巧；
4. 訓練同學協助維持學校紀律工作；為同學樹立良好的榜樣。

### 二. 本學年領袖生組織架構：

設有總領袖生（3名）、領袖生長（5名）及領袖生（52名）。

### 三. 領袖生職責：

1. 協助維持上課前及午膳時校舍、課室及走廊的秩序；
2. 執行校服及髮飾儀容檢查；
3. 協助老師舉辦活動和維持秩序。

## 訓導組老師名單

梁玉鳳老師（訓導主任）
黎謂嫻老師（副訓導主任）
余佩欣老師（副訓導主任）
陳振華老師
鄒美楠老師
鄭穎恩老師
劉穎芝老師
麥傑茗老師
林寶琮老師
阮偉樑老師
邢海潔老師
黃嘉洛老師
劉淙裕老師
曾浩文老師



本年度領袖生就職典禮上，葉栢麟校長（左一）、梁玉鳳訓導主任（右一）、余佩欣副訓導主任（右二）與總領袖生（右三至右五）及領袖生長合照。

## 5A 蘇穎潼（2019-2020總領袖生長）

總領袖生長這個崗位給我帶來了嶄新的體驗和感受。

我從中二開始擔任領袖生這個職位，在領袖生的三年生涯中，我學懂了擔任領袖生應有的認真態度和做事方法。

今年我邁向新的階段，成為總領袖生長。在日常當值事務中，經常會有很多意想不到的突發情況，在那刻我必須冷靜及迅速應對，以及控制和解決問題。這一年，有兩個和我一起擔任這個職位的夥伴，我們會一起商討對不同事務的人手安排及措施，大至水陸運會，小至日常當值安排。與他們合作，也是一個讓我增長知識和經驗的機會。另外還有五位擔任領袖生長的夥伴，他們也是我十分信任的朋友，因此與他們七位一起合作，不但能增進我的溝通技巧和處事經驗，同時對我來說也是一個學習成長的機會。在往後擔任總領袖生長的時間中，我會繼續盡力完成我的職責，期望能繼續與我的好夥伴們一起帶領領袖生團隊，發揮我們的才能、發展各位領袖生的潛能。

## 5A 曹芷熒（2019-2020總領袖生長）

看着校服掛着金色的徽章，不禁讓我想起去年自己鼓起勇氣、競逐成為女總領袖生的一刻。

成為女總領袖生後，感到很快樂，但沒想過原來背後卻有很多事情需要處理。成為女總領袖生後，我知道自己多了一份責任，但我卻比以前更寬容，因為我要管理不同性格的組員，不能再只是板起嚴肅面孔的樣子。雖然要忙於處理不同的事情，例如日常工作，學校大型活動等都會感到辛苦，但我也樂在其中。我認為當女總領袖生也有不少的壓力，壓力來源絕不是來自老師，家人或朋友，而是自己。因為我成為女總領袖生後，總是提醒自己不可以犯錯，要成為一個好榜樣。因為每年的總領袖生也是品學兼優的學生，總是害怕自己做錯。幸好，我身邊有兩位很好的拍檔，每次都有他們和我在一起規劃各樣的事項，總讓我格外安心。當然，擔任這個崗位會遇到不同的困難，有時候會遇到調皮的同學，但每次處理事情，都讓我成長，讓我學習到不同的處事方式，並提升自己與人的溝通技巧。

在成為領袖生後，我體會到很多的事情，讓我不論在任何方面都有得益。同時，在領袖生團隊中，我找到歸屬感，直到這刻，我仍十分珍惜這一生人只有一次的機會。

## 5A 郭澤楷（2019-2020總領袖生長）

我由中二開始成為領袖生，那個時候只知道聽從組長的安排，管理好學校的秩序，每天下課鈴聲響起時，我就去當值了。其實做領袖生的意義是什麼？為什麼我要犧牲一半的休息時間來幫老師管理秩序？

隨著我漸漸長大，升上中五成為總領袖生長，帶領五十七個領袖生服務學校，背負著協助老師管理學校秩序的重任。經歷了陸運會及水運會等大型活動，我才深深地體會到安排一次活動的不易。原來作為領袖，要做的決策比想像中的多很多，要考慮的因素也複雜很多。今年是我第一次做總領袖生，其實也是最後一次，要學習的地方還有很多，不管是處理事情方面還是組內交流方面。我明白，老師給我們機會擔任這個職位，就是為了訓練我們的領導能力，讓我們學習自己解決難題。

成為總領袖生長，表面上是用時間和精力換取優點，實際上卻是用自己的休息時間裝備自己，在服務學校之餘，讓自己吸取經驗，培養多方面的能力，在未來的道路上走得比別人更快罷了。

## 5A 劉智明（2019-2020領袖生長）

記得中二的時候，我也只是為了陪朋友，才一起去參加領袖生這個職位的面試。當時我對領袖生這個職位的印象是守規乖巧就可以了。因為我的性格比較被動而且缺乏自信，所以當時的我只是懷着一種純粹學習的心態去面試，完全不是一個領袖生應有的心態。

現在我有所進步，以往的我真的是非常膽小，害怕檢舉一些違規的同學，如果是比我高年級的同學，我更沒有勇氣去處理。現在，我擔任了領袖生長這個職位快五個月了。起初我還是擔心自己沒能力去帶領自己的團隊，但有很多同學和老師都給予我鼓勵，所以我也建立了自信。

我們的團隊相處得很開心，更做了很好的朋友。現在的我不會把擔任領袖生長只視為一項工作，反而視它為我學習生活的一部份，領袖生長這個職位也已經融入了我的中學生涯，是我一段很重要的寶貴回憶。在這三年當領袖生的生涯裏，我突破了自己很多，感謝校方能給予我這個珍貴的機會。



# 我們的新老師

## 馬兆權老師

馬兆權老師任教數學科，有多年帶領學生參加數學奧林匹克的經驗，門下有不少數學精英，他希望在梁文燕發掘更多有數學潛能的人才。

馬老師認為本校學生大多有禮貌，會主動向老師打招呼。他認為如果同學想學好數學的話，必須在課堂上踴躍回答問題，多做數學練習，努力才有成果。馬老師希望我校的學生繼續保持待人有禮，守望相助的純樸校園文化。（訪問：陳錦豪 2A）

## 蘇啟光老師

蘇老師今年在本校任教數學科、STEM和資訊及通訊科技科。

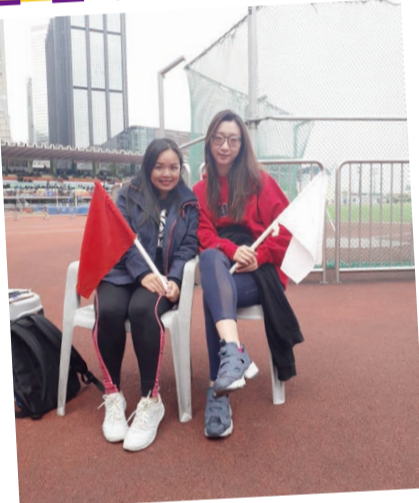
蘇老師認為我校的同學樂觀積極，對老師也有禮貌，他希望同學們能更投入地參與感興趣的課外活動，從中學習課外知識。除了工作，蘇老師平常還喜歡聽歌和彈結他，他也喜歡計算日常生活中的數學，例如如何節省金錢和理財等。他更喜歡上網留意最新的科技資訊及科技產品，研究當中的技術，追上這日新月異、瞬間萬變的科技世界，務求為同學提供最新的、與時並進的資訊，開拓同學的眼界。（訪問：黃頌堯 4A）



## 邢海潔老師

邢海潔老師（右一）是本校的中文科老師。她認為本校的學生本性善良，與老師之間的相處和關係都非常融洽，唯一的不足便是學習風氣較散漫。她覺得梁文燕的校園生活多姿多采，有豐富的課外活動，同時認為同學應在參與課外活動和學習方面取得平衡。

說起自己的教學路，邢老師印象最深刻的是遇上一些頑劣學生，經常上課搗蛋。但透過與他們溝通和相處，了解到他們的本性並不壞，背後都有着不同的故事，因此邢老師覺得同學與老師之間的溝通是非常重要的。邢老師的興趣是跳舞，這亦是她繁忙生活中的調劑，舒緩工作壓力的好方法。因此，邢老師希望梁文燕的同學會找到自己的終身興趣，而這些興趣都能在將來職業路上得以發揮。（訪問：何依妮 5B）



## 曾浩文老師

曾浩文老師認為梁文燕的學生在課外活動方面都非常有潛能，鼓勵學生發揮所長；同時也希望學生珍惜課堂時間學習，專心上課和多讀課外書籍，擴闊眼界，為他日的事業建立基礎。

曾老師有一段印象深刻的經歷，那是在某次教師進修日中，校方邀請了一位年紀只有二十多歲的心理學家作講座嘉賓。在會議結束後，他突然向曾老師問好，那時曾老師才知道眼前的人原來是自己的學生，不禁感嘆：「真是青出於藍勝於藍，當年混沌的小子開竅了，已成為社會的棟樑。」曾老師藉此希望各位同學將來都事業有成，為社會作出貢獻。（訪問：陳瑩幔 3A）



## 林寶琮老師

在梁文燕這個多姿多采的大家庭，我校數學科增添了一位新成員。相信大家在地底走廊路過時都會遇見她，她就是林寶琮老師。她亦是我班的數學老師。林老師會不厭其煩地悉心指導同學，亦常常帶着笑容上課。林老師很享受與學生們一起上課，陪伴着同學們成長，故此當年大學畢業後她便立志成為老師。

林老師在閒暇也會看電影，她認為看電影能減壓，投入電影裡不同的場景和角色中，豐富人生經驗。最後，林老師認為我校的學生都十分活潑，聰明。在讀書方面，她希望同學能在課堂上更專注，她亦相信專心的同學能在學業上有很大的進步，希望同學能珍惜學習的時光。（訪問：傅紫晴 5D）

## 麥傑茗老師

麥傑茗老師是我校的綜合科學科老師。麥老師認為老師對學生的影響很大，是一份有意義的工作，也能薪火相傳！麥老師眼中梁文燕的學生較活潑，能力多元化，各方面的才能也頗突出。另一方面，麥老師希望同學能專心上課，聆聽老師的教導，虛心向學，在學習和活動兩方面都要平衡。

麥老師的人生座右銘是：Where there is a will, there is a way。意思是指凡事只要有意志力，事情一定會做得好的！自我放棄的學生才是最難應付的，最重要的是有上進心！（訪問：吳炳琦 3A）



## 陳耀陞老師

陳耀陞老師是我校的通識科和美術科老師。陳老師從小就喜歡面對人的職業，他曾經考慮成為社工，因為他對幫助別人，貢獻社會的工作十分嚮往。他後來發現教導別人是很有成功感的，

所以便選擇成為老師，作育英才。陳老師認為梁文燕的同學十分有責任感，敢作敢為，有擔當；同時同學之間經常守望相助，十分和睦。

最後，陳老師有一句話想對同學說：Passion is the fuel for success。熱情是成功的動力。同學們只要保持自己的熱情，就離成功不遠了。陳老師希望同學能夠做到自己想做的事，每天保持開朗的心境，學有所成。（訪問：林均俊 4A）



## 曾憲江老師

曾憲江老師（左圖中坐者）任教設計與科技科，負責STEM方面的工作，更是劍擊學會的負責老師。曾老師希望能將科技應用的課題介紹給同學，讓同學在生活上學以致用。他覺得梁文燕的學生能在不同的領域裡得到發揮，一些學生在運動方面有天賦，在讀書方面也很用功，不會顧此失彼，很值得欣賞。

曾老師覺得我校的學生是受教的、而且文靜和有禮貌，是可造之材。不過他覺得學生們總是小看自己，希望梁文燕的學生能夠有多點信心，不要浪費自己的才華。曾老師認為我們要成功，必須要有毅力。（訪問：溫曙輝 3B）

## 李卡奇老師

李卡奇老師（左圖右一）是我校的數學老師。在本校任教這數月中，李老師感到本校校風純樸，學生活潑好動。他寄語學生：天才出自力學，玉不琢，不成器，成功不是天掉下來的。

最後，李老師鼓勵我們：人生是不會風平浪靜的渡過，有悲有喜，有順逆境才是正常的。當遇到艱難的時刻，不要害怕，帶著微笑面對它吧！風風雨雨，只要我不倒下，我就有希望。如心裡有恐懼，最好方法就是面對它，永不退縮！只有堅持，才有希望。大家要加油，永不放棄！（訪問：方偉華 4A）





## English Ambassador Scheme: Leadership Training Day Camp



The EAs take part in group activities at the leadership training camp with a NET instructor.

This year, the English Ambassador Scheme has recruited 56 outstanding English Ambassadors, with Alison Tang Wai Lam (S5A) and Sylvia Lam Siu Wun (S4A) selected as the Chief Ambassadors leading the team. Every year, we conduct a half-day training workshop, in the hope that our ambassadors can be well-equipped to run English speaking activities for our Secondary One and Two students.

On 12<sup>th</sup> October 2019, native-speaking English instructors were hired to teach our ambassadors how to design their own game booths. More importantly, it gave our ambassadors a chance to practise running activities confidently in real authentic English. A lot of them took on their roles with greater pride, confidence and responsibility after this fun EAS Leadership Training Day Camp.

## Comments from our English Ambassadors

**David Fong Wai Wa (S4A):**



The EAs set up their English game to show the teachers. The EAs explain to teachers how to play their English game.

'It was a valuable experience for me. Apart from the English skills I learnt, I also learnt how to cooperate with others. Although we faced many obstacles when designing the game, setting the level of difficulty and making the booth with limited materials, we had great chemistry together as a team.

I am very thankful that I had the chance to join the activity. It was a fruitful day for me and every English ambassador as it was a rare chance to speak English with native speakers. It is also the first time I have made a game booth myself.

**Fred Lau Yiu Fung (S3A):**



Ricky Ng finishes up, drawing the clues while Alex Chu and Simon Lee discuss the rules. A team of EAs pose happily for a picture with their NET instructor.

'My group was full of boys, and we all know each other, so we were able to communicate like usual. After some warm-up games, we headed to the most important activity of the day. We were told to brainstorm two ideas for a Halloween-themed game booth. When it started, my group was stuck because we seldom play booth games

and had no idea what we could do. Thankfully, our NET instructor gave us some ideas and we modified things bit by bit.

After brainstorming for our games, we started to gather materials to build our actual booth. The booth was designed for Secondary One and Two students, so we made the decorations cuter and more family-friendly.

At the end of the day camp, our booth was halfway done. Our teachers ordered all the groups to finish working on our booths within three school days. It was tough work, but it was going to be our show time!

## The EAS Inauguration Ceremony

**Sylvia Lam Siu Wun (S4A)**



Our EAs stand with Principal Ip at their inauguration ceremony.

16<sup>th</sup> October was the day the EAS Inauguration Ceremony took place. On that day, we as English Ambassadors, pledged to help turn our school into a better place for learning English. I am sure that it was a day that most English Ambassadors will not forget.

It was Wednesday, so the hall assembly was conducted as usual. We were told to arrive at the hall earlier than the others, as we had to queue up and be mentally prepared for the ceremony. I had stage fright and was extremely nervous that day. To make my nervousness worse, I was chosen as one of the Chief English Ambassadors and had to say the pledge out loud in front of every student and teacher.

Luckily, I was not alone and I am really thankful for Alison Tang from 5A, who is the other Chief English Ambassador, as she has been a great work partner. The first task we did together was making this pledge on the stage. When we got up to the front of the stage, I noticed that Alison was really confident, which made me feel like everything was going to go well and filled me with comfort. When we got off the stage, the teachers told us that we both did a great job.

This is my first year as an English ambassador and the Chief English Ambassador. I hope I can help everyone to notice how much fun learning English can be.

## My Words as the Chief English Ambassador

**Alison Tang Wai Lam (S5A)**

It is the duty of English Ambassadors to create more chances for our Secondary One and Two students to speak English. What happens when you add the title 'Chief' in front of the word 'Ambassadors'?

Being the Chief Ambassador, I need to do my best to be a good role model for all of my schoolmates and ambassadors and act as the bridge between our English Ambassadors and our four teacher advisors – Mr. Fillary, Miss Seto, Miss Chan and Mr. Tsang. I must therefore be approachable and speak English more often. My mission is whenever someone has a question about English, I have to tackle it for them. I also have to stay passionate about English since I have to be always prepared. Being

passionate is important as it can boost the efficiency of learning the language well.

On our English Speaking Days, the participants were given a piece of paper with five questions and were required to interview five different English Ambassadors or teachers to gain stamps and signatures, which would in turn become their English coursework marks. It was quite an interesting view to see tonnes of students that are younger than you rushing towards your direction, wanting to know you, and of course, trying to accomplish their mission of completing the five questions. I guess this is the most fun part of being an English Ambassador.

Surely, one article is not enough for you to understand how it is like being the Chief Ambassador or an English Ambassador, but still I hope I can pique your interest in being an English Ambassador, and even more, using the English language.

## Halloween Bash @ HLMSS

**Jeff Wong Chung Yiu and Thomas Lam Lok Him (S4A)**



Students enjoy playing our games at the Halloween Bash.



Students watch a short clip and try to guess the English Halloween movie's name.



Students queue up to play the Halloween matching game.

Halloween is a festival that is celebrated each year on 31<sup>st</sup> October. The Halloween we have now has evolved into a day of activities which includes trick-or-treating, carving jack-o-lanterns, festive gatherings, donning costumes and eating treats.

Our English Ambassadors would not miss this chance to celebrate with our Secondary One and Two schoolmates, so we organised a Halloween Bash in the school hall at lunchtime on 30<sup>th</sup> October 2019. There were so many schoolmates joining our activity this year!

There were several booths with interesting games prepared, designed and operated by different groups of English Ambassadors. Many students rushed to different booths and formed long queues. In order to help students wait less time, the English Ambassadors had to serve two players at the same time. The most popular game, 'Revive the Dead', was a game in which all of our participants became wizards and witches. They had to throw balls into the right cups in order to cast the right spell to revive the dead, waking up the zombie from the coffin (of course, it was only one of us lying on the table).

The EAS Halloween Bash was a huge success. A lot of students had great fun from the start to the end of the event. Apart from having fun, they also learnt new words and practised communicating in English.



The EAs hand out fun Halloween tattoos.



The EAs hand out trick or treat candies to waiting students.



# Be Thankful on Thanksgiving

**Letitia Lee (S3A) and Sam Wong Tsun Kit (S4A)**

Thanksgiving Day is observed each year in the United States on the fourth Thursday in November. It is a day to show gratitude, either for material possessions or intangible goodness, such as family or health. Although it is not popular to celebrate Thanksgiving in Asia, our English Society held an activity in the school hall to let our students experience the festival's vibe.



The hall was full of Secondary One and Two students who were waiting to play the booth games during lunchtime on 29<sup>th</sup> November 2019. We set up four booths: matching game, Thanksgiving spices, song dedication, and speaking booth. At the matching game, students had to use English to communicate and match the picture of the Thanksgiving's food to the name of it.

At the booth of Thanksgiving spices, students had to choose to smell one of the two cups and recognize what the spice was in order to get a stamp. Their funny facial expressions when they smelt the spices were unforgettable. Some of them loved the flavour of the spice and some of them told us that they wanted to vomit. There was also a tea booth. Many students queued up for a cup of pumpkin seed and cinnamon spice tea. They said that the taste of the tea was scrumptious. Many fell in love with it once they tried it. They refilled their tea so frequently and, at the end, it was out of stock!

It was an incredible day with elation. The activities held this year were more fun than that of last year. Let's keep our fingers crossed that every year we will get to hold this activity!



Mr. Fillary helps students with one of the English activities.

## Changes in the English Ambassador Scheme

**Tommy Tang Hon Ming (S5A)**

Over the past few years, the English Speaking and Lunchtime EAS Activity Days had been a monthly event. Yet, many students were too afraid to speak in English and the activities seemed to become a tough task for them. By changing the format of this year's EAS activities, we are making every endeavour to help them speak and use English bravely.

Holding the EAS activities in a 'carnival' mode has certainly attracted more students to attend our activities. The most important advantage is that we can now provide a stress-free environment for our junior form students to use English when communicating with the English Ambassadors. Students can now learn a variety of theme-related words by playing at the different game booths designed by us, their peers. The students responded very favourably to the two activities we held in the first term, namely the Halloween Bash and Thanksgiving Activity. Not only did the activities enhance our students' speaking skills, but also helped boost their confidence.

Hopefully, with the support from our English Ambassadors and teachers, our Secondary One and Two students will become more determined and persistent in using English and gradually, their speaking and listening skills can be improved and strengthened.

## An Overview of EAS

**Mr. Edward Fillary**

This year, the English Ambassadors had a more hands-on approach to the designing and running of the various English activities. They were put into groups and assigned English cultural activities to plan.



The Ambassadors showed maturity, teamwork and initiative as they designed and created their own game booths. They took into consideration the English ability of weaker peers and designed games that were enjoyable for students of all ability levels and ages. The events provided a steep learning curve for the Ambassadors. They experienced running activities for large numbers of students and worked hard to ensure the events were a success. The Ambassadors definitely rose to the challenge. It was wonderful to witness the Ambassadors leading the way in providing a fun English environment for their peers to learn in and have fun. Allowing Ambassadors to take the reins and explore their own creative ideas has helped them to develop their enjoyment of learning English. Our Ambassadors are also becoming upstanding role models for our students to look up to. Finally and most importantly, they have been enjoying the learning experiences with their peers.

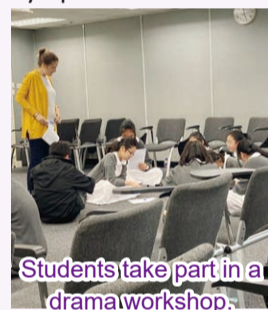
## Drama Fun

**Miss Erica Chan**

Students from S2A and S3A participated in "Classics for Juniors 2019: Grimm Adventures – A Re-imagining of Grimm's Fairy Tales" organised by AFTEC. Fairy tales by the Brothers Grimm were adapted in a fun-filled drama show about superheroes including Super Red Riding Hood, Wolf, Thumbelina and the Little Tailor. Students had a chance to devise their very own Grimm Adventures skit after watching the show and joining a course conducted by a professional drama tutor.



S2 students wait for the performance to begin.



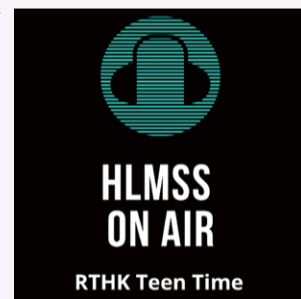
Students take part in a drama workshop.

Some S2 students also joined a reading workshop named "Becoming a Detective" in October. The workshop further enhanced their reading skills and helped them gain a better understanding about Sherlock Holmes.

## RTHK Teen Time Radio Show

**Mr. Edward Fillary**

In November, four students were chosen to take part in a radio broadcast for the show Teen Time on RTHK. The four students who took part were Demi So, Eunice Luk, Gordon Yeung and Jason Fong. All of the students were from Secondary Two.



They were asked to talk on the topic of 'overcoming difficulties' and had to relate it to English books they have read and their own life experiences. Each student wrote a short piece on the topic and drew inspiration from their own life experiences and the experiences of the characters in their favourite stories. Their pieces were well written and inspirational.

When we arrived at RTHK, we were taken in to the recording studio and the students introduced themselves to Alyson, the host of the Teen Time radio show. At first, they were a little nervous since it was their first time in a recording studio. After a little practice, they relaxed. All of the students did a great job and spoke clearly and fluently about their experiences. They enjoyed chatting with Alyson and had a lot of fun.

Being in a professional recording studio is a great experience and the students learnt a lot from it.

## 2019 Study Tour to Australia (13<sup>th</sup> to 24<sup>th</sup> July, 2019) Participants' Anecdotes

**Kylie Lu Kai-ye (S3B)**



Australian study tour group at the airport ready for their overseas adventure.

Last summer, I joined our school's study tour to Australia. It was my first time going to Australia. I got to learn a lot about Australian culture because of staying in a local Australian family's house. Australians call themselves Aussies. They are really kind and friendly.

Australians usually keep pets at home. Houses are big in Australia, so there will be enough space for them. My host family has a cat called Harry and two dogs, Cruz and Lucy. Once my host dad took me to a dog park to walk Cruz, but Lucy is too old, so we did not take her out. As we were walking on the trail, there were many other dogs playing around and we kept greeting other people nonstop. It was easy to get close to one another there.

My host family was entertaining. I liked playing card games with them, even though I always lost. That was my first experience of using English in an English-speaking country, but I found it easy to adapt. It might be because there was a Japanese girl staying with us. She is the same age as I am and she can speak English fluently, so she always helped me solve my problems. I was pleased to meet her and enjoyed the time spent with her. My host mum can cook really well. She can make different sauces all by herself. I liked her fried rice with seafood and Spaghetti Bolognese the most. They were really tasty. We also made pizzas with mushrooms and other vegetables.

The Gold Coast is a place full of spectacular natural beauty. I love the beach there. When you walk on the sand, you'll feel how soft it is. When I tried to scoop the sand, the sand fell off between my fingers. The sea water was so clear that we could even see our shadows on the surface. We went to Currumbin Wildlife Sanctuary. We visited different species of special animals there, such as kangaroos, platypuses and koalas. I've learnt a lot on this journey. My friends and I shared lots of beautiful memories there. It was really a memorable experience.



Kylie Lu and Rachel Ha have fun in the cage at Ripley's Believe It or Not.

Students visit the Currumbin Wildlife Sanctuary.

Students enjoy exploring the sanctuary.

**Banfi Chan Tsz Hei (S4A)**

Australia was the first English-speaking country I went to. At first, I was scared of being discriminated against by others because of being a Chinese. However, communication is always the best channel to break away from others' prejudices. With my not-so-bad English, I was no longer annoying in their eyes. I truly enjoyed the time I used English for communication. No doubt, English does bring us many advantages.

Having a large immigrant population, Australia is a country that gathers different cultures from every part of the world. It is really interesting to see everyone there having different opinions, religions and colours but living peacefully with each other. This special society attracted me so much. Because of this, you can find a great diversity of food in Australia. You can see almost all kinds of food in the world in their supermarkets. Everything can surprise you.

There are two things you must not miss when you are in Australia: koalas and kangaroos. Not only are they cute and adorable, but they are also the treasures of Australia. Other than that, I was fortunate enough to be there in July when it was the winter in Australia. The temperature difference between day and night is tremendous and I was pleased to experience this interesting point.

My host family were Indonesians. They have a daughter who knows Mandarin. It was a pity that she never spoke to me in Mandarin. They liked telling jokes. Every time when I heard the jokes, I was so embarrassed that I did not know how to respond. Those were really funny moments.

Australia has given me a great experience and a feeling of being just like home.



Students get ready to board their flight to Australia at Hong Kong International Airport.

Banfi Chan and Jack Lau get ready for their morning lessons.

Jack Lau say goodbye to their host mom.



## 學校活動

### 水運會——水運健將展英姿 萬眾一心創佳績

本校周年水運會於二零一九年十月十七日在沙田游泳池舉行。比賽當天，更邀得本校榮休老師潘盧穎君女士擔任主禮嘉賓。是次水運會，賽情緊湊，同學大展身手，成績驕人，各項賽事順利完成，結果由紅社勇奪全場團體總冠軍。四社啦啦隊吶喊助威，場面熱鬧，紫社勇奪最佳精神支持獎。是次水運會更有健兒打破三項大會紀錄，2C班同學邵家聰在男子丙組三項比賽中刷新紀錄。

主禮嘉賓潘盧穎君女士引用已故武打巨星李小龍先生的人生哲理與同學分享。在潘盧穎君女士一番勉勵後，同學報以熱烈掌聲，感謝其殷切訓勉。在宏亮的校歌聲中，本校周年水運會圓滿閉幕。



紅社獲全場團體總冠軍，與主禮嘉賓潘盧穎君女士（前排左五）合照。



紫社榮獲水運會最佳精神支持獎。



參賽健兒全力以赴，奮勇向前。

### 陸運會——陸運健將展身手 上下一心創佳績

本校周年陸運會於二零一九年九月二十三日及九月二十四日在沙田運動場舉行了初賽及決賽。決賽當天，更邀得官立嘉道理爵士中學副校長陳志文先生擔任主禮嘉賓。是次陸運會，參賽者眾，賽情緊湊，同學大展身手，成績驕人，各項賽事順利完成；四社啦啦隊吶喊助威，場面熱鬧。結果由紅社勇奪全場團體總冠軍，紫社勇奪最佳精神支持獎冠軍。是次陸運會更有項目打破大會紀錄，2C班同學陳思彤在女子乙組100米比賽創下新紀錄。葉栢麟校長致辭時期望同學能繼續努力，再創佳績。

主禮嘉賓官立嘉道理爵士中學副校長陳志文先生與同學分享他以往擔任社導師的心得及感受。陳副校長在本校服務了二十多年，與同學感情深厚，深受同學愛戴。陳副校長勉勵同學珍惜每一次陸運會，珍惜每一天的中學生生活，並把運動會精神「勝不驕，敗不餒，全力以赴。」應用在日常學習及生活中。同學報以熱烈掌聲，感謝陳副校長的殷切訓勉。在宏亮的校歌聲中，本校周年陸運會圓滿閉幕。



中六全體畢業生與葉校長（前排左一）及老師合照。



紫社獲最佳精神支持獎，與主禮嘉賓陳志文副校長（左一）合照。



紅社獲全場團體總冠軍，與主禮嘉賓陳志文副校長（前排右一）合照。

### 本校第二十九屆畢業暨頒獎典禮

本校在二零一九年十二月十二日舉行第二十九屆畢業典禮，邀請了通域存網有限公司行政總裁范健文校友擔任畢業禮主禮嘉賓，為畢業生授憑及頒獎予獲獎學生。當天，嘉賓、師生及家長濟濟一堂，典禮順利完成。

葉栢麟校長在報告校務中，表揚在公開考試及聯課活動方面有優秀表現的同學，並感謝學校管理委員會、校友、家長及老師在各方面的支持，群策群力，為學校這個大家庭服務，並祝福應屆畢業同學鵬程萬里。

主禮嘉賓范健文先生致辭時，分享其成長經歷及學習心得。范校友勉勵同學們在中學時期務必努力學習，多方面發展，為未來作出更好的準備；不論何時都必須不斷努力，堅毅不屈，積極自信，才能踏上成功之路，創出錦繡前程。

在范校友致訓後，分別有中國舞、中樂演奏和歌詠團大合唱的表演。是次頒獎典禮在祝福及鼓勵中完結。

典禮結束後，各位來賓及校內師生一起拍照留念，並享用茶點，場面熱鬧溫馨。



葉栢麟校長在畢業禮上作校務報告。



中樂團演奏《駿馬奔馳》。



主禮嘉賓范健文先生（中立者）與各得獎同學合照。

## 校報編輯委員會

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